

## Keep Safe: 8 Poisonous Houseplants

Houseplants help keep your spirits up during the winter months. But if you have children or [pets](#), take note of these common houseplants that are considered poisonous:

1. Aloe vera (*Aloe barbadensis*): Ingestion can irritate your large intestine.
2. [Angel's trumpet](#) (*Datura innoxia*): Contains toxic alkaloids that have caused poisoning and death in humans and animals.
3. Croton (*Codiaeum variegatum*): Chewing the bark and roots may cause a burning sensation in your mouth.
4. Dumb cane (*Dieffenbachia* spp.): Chewing on leaves can cause painful swelling of your mouth and throat.
5. [English ivy](#) (*Hedera helix*): Eating the leaves can cause difficulty in breathing, convulsions, vomiting, paralysis, and coma.
6. Kaffir lily (*Clivia miniata*): Can cause paralysis, salivation, and vomiting when ingested in large quantities.
7. [Philodendron](#) (*Philodendron* spp.): When ingested, can cause your skin to redden, become inflamed, and itch.
8. Swiss-cheese plant (*Monstera deliciosa*): General symptoms of poisoning are immediate and painful with loss of voice, blistering, hoarseness, and mouth irritation.

Enjoy your houseplants and [keep your family safe!](#)

